



## Junior Social Butterfly Badge Activity Plan 1

**Badge Purpose:** When girls have earned this badge, they'll know how to act at many types of events, from picnics to weddings and parties.

**Program Essentials Link:** Global Citizenship and Girl Scout Sisterhood

**Fun Patch Link:** Character

**Activity Plan Length:** 1.5 hours

**Girls Take the Lead:** While earning this award, there are many ways for girls to be leaders. These can be done by a small group or by individuals.

- Badge Buddies:
  - Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  - Buddies can assist adults with prep needed for activities.
  - During the meeting, they can help lead other girls through the activities. They should make sure everyone has what they need and feels included.
- Food Friends
  - Talk to girls about what the snack will be and how they can help.

**Customize It:** If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Junior Skill-Building Badge set for *It's Your Story—Tell It!*, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can hold conversations with new people
- They are familiar with table etiquette
- They can demonstrate how to be a good hostess

### Tips and Tools

- Check out ways to stay safe using Safety-Wise at [GirlScoutsRV.org](http://GirlScoutsRV.org).
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

### Resources

- This activity plan has been adapted from the Junior Skill-Building Badge set for *It's Your Story—Tell It!* Social Butterfly Badge, which can be used for additional information and activities.

## Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

<b>Girl Scout Promise</b>	<b>Girl Scout Law</b>
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

## Activity #1: Chatty Cathy

Badge Connection: Step 1—Hold a conversation

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Create the following four signs with four pieces of large paper and markers:
  - New next door neighbors
  - Your best friend's cousin who is visiting from Nebraska
  - A new girl on your soccer team
  - The new principal at your school
- Hang the four signs at separate corners of the room.

Materials Needed:

- Large paper
- Markers
- Masking Tape
- Writing utensils
- Sticky notes

Steps:

1. Begin by asking girls to give examples of ways they can start a conversation with someone.
2. Explain that different people or different situations may require starting conversations in different ways. Instruct the girls to roam around the room reading the four signs of the "different people" they might meet. Once they think of how they might start a conversation with that person (or what kinds of questions they could ask that person), tell them to write it down on a sticky note and stick the note to that poster. Tell the girls to think of as many examples and stick as many sticky notes as they can.
3. After the girls finish tagging their sticky notes on the signs, instruct them to find a partner and take a post-it off of one of the signs. Tell the girls to role-play and practice an example of introducing themselves using the conversation starter they took off the sign. Allow the girls to practice many examples and rotate partners throughout the role-play.

## Activity #2: "Interruption"

Badge Connection: Step 1—Hold a conversation

Time Allotment: 15 minutes

Prep Needed:

- Clear an open space large enough for girls to sit in a circle.

Steps:

1. This game will challenge girls to keep conversations rolling and will also help everyone get to know each other in new group settings. Girls might try playing this game to entertain guests at the next party they host.
2. Choose one girl to begin the game “conversation” by introducing herself and sharing things about herself with the rest of the group. The girl must keep talking about herself until someone else finds something in common with her, and “interrupts” her.
3. Then, that girl carries on the conversation by introducing herself and continuing the conversation. The game continues as girls find things in common and “interrupt” each other. For example:
  - **Girl 1:** “Hi, my name is Mary. I am an only child and I have two dogs...”

**Girl 2:** “I have two dogs too! Hi my name is Sarah and I love to roller skate. I was originally born in California, but now I live in Minnesota...”

**Girl 3:** “Hey, I live in Minnesota! My name is Dana and I hate pickles...”

**Tip:** Finding things in common with new people can help girls start and carry on conversations with them. Encourage girls to think about some simple things about themselves, such as where they are from, what activities they enjoy or if they have siblings.

### **Activity #3: Table Etiquette Challenge and Snack Chat**

Badge Connection: Step 2—Use table manners

Time Allotment: 30 minutes

Prep Needed:

- Gather and divide out materials and supplies.
- Snack prep may vary according to snack choice provided.
- Optional: print copies of the table placement outline sheet (provided).

Materials Needed:

- Disposable tableware of the following:
  - Dinner plates (large plates)—one per small group
  - Salad plates, bread plates, saucers (small plates)—one of each per small group
  - Soup bowls (small bowls)—one per small group
  - Napkins—one per small group
  - Two Forks, one spoon and two knives per small group
  - Cups or mugs—one per small group
- Snack item(s)
- Optional: table placement outline sheet (provided)

Steps:

1. Divide the girls into small groups and tell them to work together to set their own table in the way they think is correct.
2. Allow them five–seven minutes to think about and place their table settings.
3. Review all table sets to see if there is a correct table setting. If no girls have set their table correctly, choose the table with the fewest corrections.
4. After reviewing all tables, demonstrate the correct placement of all the items.
5. Start with a clear table. Ask for volunteers to help you set each item as you go through the list, one at a time. This allows everyone to see and for girls to actively do the setting themselves.
6. After the correct table placement demonstration is complete, instruct the groups to go back to their individual tables and make their own corrections.
7. **Note:** It may be helpful to print off the table placement outline sheet that shows where everything should go to speed the table review process.
8. Distribute snack and enjoy!
9. While enjoying snack, here are some things for girls to talk about:

- What did you think of the table etiquette activity? Do you think you'll remember and use what you learned at home or for your next party?
- What are some good conversation-starter questions?
- Does anyone have a good icebreaker game to share that could be used at a party to entertain guests?

## Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. One of today's Badge Buddies should start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Badge Buddy who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

## More to Explore

- Field Trip Ideas:
  - Visit a local restaurant or catering business.
  - Attend a special dinner, ceremony or event as a troop and practice proper etiquette.
- Speaker Ideas:
  - Invite an event planner, caterer, or restaurant manager to your troop meeting.
  - Host a party for older or younger Girl Scouts.

## Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible badge-earning activities? Please email [GirlProgram@girlscoutsrv.org](mailto:GirlProgram@girlscoutsrv.org).

## Family Follow-Up Email

Use the email on the next page as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting

- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning how to spark conversations with new people and practicing proper table etiquette; we are on our way to earning the Social Butterfly Badge.

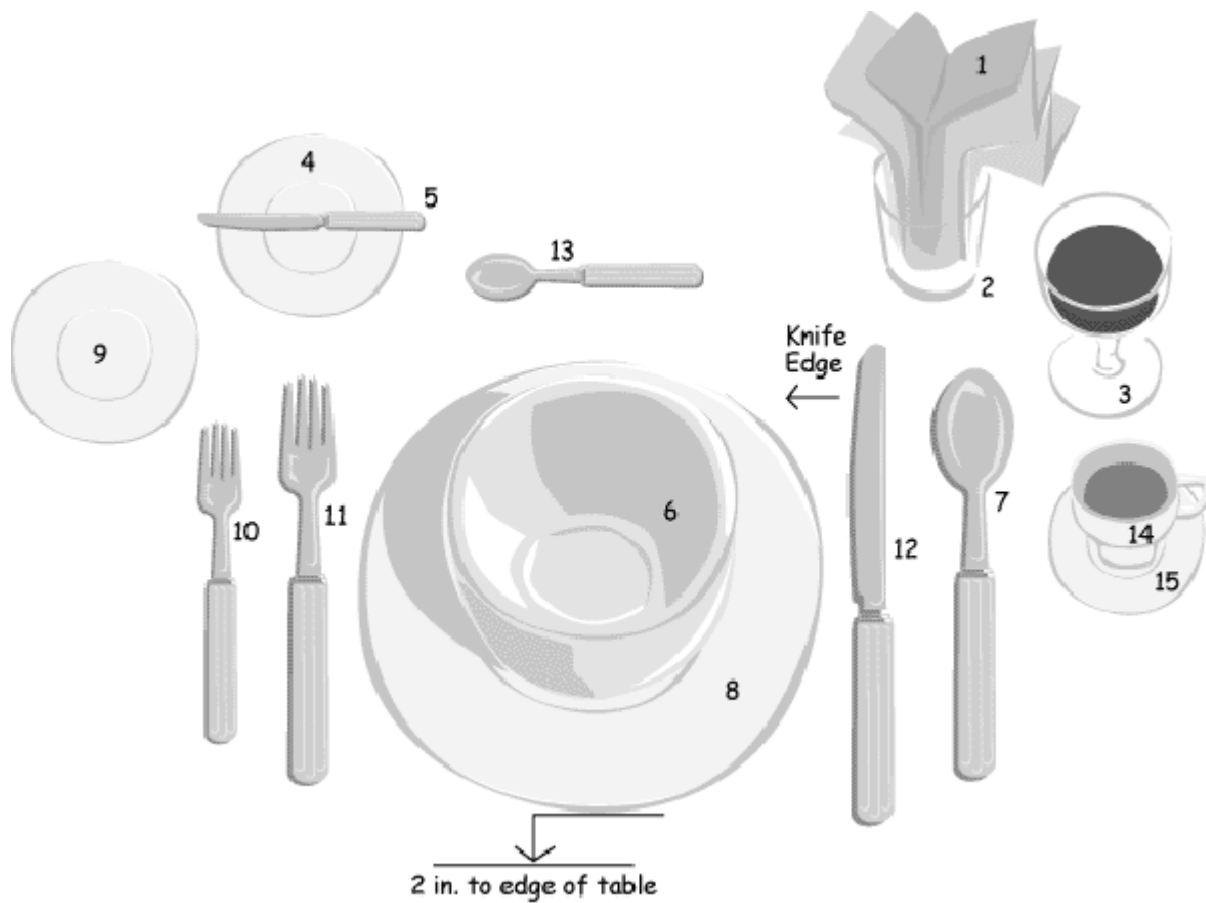
We had fun:

- Role-playing and practicing conversation starters
- Playing a conversation game that helps facilitate conversation amongst people who don't know each other well
- Learning how to correctly set a table

Continue the fun at home:

- Allow your Girl Scout to set the table at your next family dinner. See if she remembers where all the table items go!
- Encourage your Girl Scout to make a thank you card the next time she is invited to a friend's house, a sleepover or a birthday party.
- Host a party with your Girl Scout. Ask her to greet people at the door and help plan entertainment for the guests who attend.
- Look through the *Girls Guide to Girl Scouting* with your Junior to find other activities you can try at home.

Thank you for bringing your Junior to Girl Scouts!



### Table Setting

1. Napkin: below salad plate to the left of the salad fork or in cup
2. Cup: upper right, above knife
3. Wine glass (not applicable for this demonstration)
4. Bread plate: upper left corner
5. Butter knife: across bread plate
6. Soup bowl: on top of dinner plate or separate.
7. Spoon: right of knife
8. Dinner plate: in the center
9. Salad plate: lower left corner, above the napkin
10. Salad fork: right of napkin
11. Dinner fork: right of salad fork, left of dinner plate
12. Knife: right of dinner plate (sharp blade facing plate)
13. Dessert spoon (not applicable for this demonstration)
14. Coffee mug: Lower right, on top of saucer
15. Saucer: lower right